GRINDSTONE



















JARRETT CAMPBELL ZABRINA DOUGLAS



MARC-ANTHONY SINAGOGA, AUSTEN ALEXANDER, AMBER HARPER-YOUNG, LISA BAKER. WAYNE JONES, MALACHI WILKINS, MHAIRI BERG, CURTIS DEN OTTER, LEE BOYES, DALLAS FRIESEN. SARAH DOWLING, SIMON ABBOTT, DONOYAN WORKUN, EYAN DOWLING, ABBY VANDENBERGHE, AIMEE BEAUDOIN

WE'RE BACK, BABY!

THE 4TH ANNUAL GRINDSTONE COMEDY FESTIVAL IS BACK IN 2023 AND BIGGER THAN EVER BEFORE!

WE ARE SO EXCITED TO BRING BACK LAUGHTER TO THE GRINDSTONE AND ARE THRILLED TO HOST SOME OF CANADA'S TOP COMEDIANS, SKETCH GROUPS & IMPROVISORS.



THE GRINDSTONE COMEDY FESTIVAL IS AN ANNUAL INDEPENDENT STAND-UP, IMPROV AND SKETCH COMEDY FESTIVAL HOSTED AT EDMONTON'S GRINDSTONE THEATRE WHICH BRINGS BOTH NATIONAL PERFORMERS AND RISING LOCAL TALENT TOGETHER UNDER THE EDMONTON SPOTLIGHT.





MESSAGE FROM THE



ARTISTIC DIRECTOR

WELCOME TO THE 4TH ANNUAL GRINDSTONE COMEDY FESTIVAL! THIS YEAR, WE ARE EXTREMELY PROUD TO PRESENT FIVE DAYS OF STAND-UP, IMPROV, AND SKETCH COMEDY. WE HAVE GATHERED OVER SO OF THE BEST LOCAL, NATIONAL, AND INTERNATIONAL TALENTS TO SHARE THEIR HUMOR WITH YOU ACROSS TWO STAGES. THIS FESTIVAL IS PACKED WITH LAUGHTER, SO I ENCOURAGE YOU TO CHECK OUT THE SCHEDULE AND ATTEND MULTIPLE SHOWS. I GUARANTEE YOU'LL DISCOVER YOUR NEW FAVORITE COMEDIAN, IMPROVISOR, OR SKETCH PERFORMER.

WHILE YOU'RE AT IT, TAKE A LOOK AT SOME OF OUR FANTASTIC WORKSHOPS ORGANIZED BY OUR EDUCATION DEPARTMENT. ADDITIONALLY, PLEASE CONSIDER MAKING A DONATION AT THE BOX OFFICE AS WE RAISE FUNDS FOR THE CROSS CANCER INSTITUTE. PUTTING TOGETHER A FESTIVAL OF THIS MAGNITUDE IS NO SMALL FEAT. A HUGE THANKS TO OUR DEDICATED TEAM AT GRINDSTONE, OUR HARD-WORKING STAFF, VOLUNTEERS, SPONSORS, AND THE ARTISTS WHO HAVE JOINED US TO MAKE IT ALL POSSIBLE.

GET READY FOR AN UNFORGETTABLE COMEDY EXPERIENCE!

How Excords



The Howl & Roar Outdoor Stage returns at Grindstone Comedy Fest 2023! Grab a seat, a drink, and some friends, and see some of your favourite comics performing live and outdoors like you never have before!

We're excited and proud to be partnering with Howl & Roar Records for a third consecutive year! Since 2021, Howl & Roar Records has been sponsoring the Grindstone Comedy Festival and it simply wouldn't be possible without them and their continued support.

Howl & Roar is a female-centric comedy record label that empowers artists and facilitates in the creation of content. Understanding the difficulties artists face with distribution and navigating the many paths content can take, Howl & Roar Records strives to be a trusted resource for artists.

Based in Toronto, Howl & Roar Records was born out of a desire to make the comedy album world more reflective of the diversity in the industry. Headed by Sirius XM radio host and former comedian, Allison Dore, Howl & Roar understands artists unique perspectives and amplifies voices in entertainment..



Howl & Roar founder Allison Dore is a radio host, media personality, and former comedian. Allison hosts the popular SiriusXM Canada Radio show The Breakdown airing LIVE weekdays on Canada Talks (Ch. 167).

> Winnipeg-born Melanie Dahling is Second in Command at Howl & Roar, in addition to being an hilarious comedian, appearing at various festivals around the country. 2023 saw the release of her debut album 'Greetings From The Big City'.



THE GRINDSTONE PROUDLY SUPPORTS KATHLEEN MCGEE



THE BEGINNING OF GRINDSTONE COMEDY FESTIVAL

KATHLEEN IS PASSIONATE ABOUT CREATING A FESTIVAL THAT GIVES LOCAL AND UP-AND-COMING COMEDIANS A PLATFORM, SO SHE CAME TO THE GRINDSTONE WITH HER IDEA AND TOGETHER THEY STARTED THE FIRST ANNUAL GCF IN 2019. AT THIS TIME IT WAS SMALL SCALE AND TOOK PLACE IN THE COMEDY THEATRE, BUT IN 2021 THE FESTIVAL KICKED BACK UP BUT THIS TIME WITH AN EVEN BIGGER SECONDARY OUTDOOR STAGE. KATHLEEN'S KNOWLEDGE OF THE COMMUNITY HAS CONTINUALLY GUIDED THE GRINDSTONE IN THE SEARCH OF TALENT. SHE'S INVESTED IN HELPING PEOPLE GET ON THE STAGE, AND WE'VE HAD MANY ARTISTS RECOMMENDED BY KATHLEEN MOVE ON TO GREATER VENTURES, STARTING IN STAND UP STAND OFF AND THEY CAN NOW BE SEEN ON JFL.

CANADIAN COMIC WITH COLON CANCER

SHE WAS DIAGNOSED WITH CANCER IN 2022, HAS HAD A LARGE TUMOR REMOVED AND NOW AWAITS CHEMOTHERAPY. HER FRIENDS HAVE STARTED A GOFUNDME IN HER NAME SO SHE CAN FOCUS ON HER HEALING INSTEAD OF FIGURING OUT HOW TO PAY THE BILLS. ALL MONEY GOES DIRECTLY TO KATHLEEN FROM GOFUNDME. SHE HAS MADE THOUSANDS OF PEOPLE LAUGH AND FEEL GOOD ABOUT LIFE WITH HER TALENT AND IT'S TIME WE HELP HER BACK.

>> CLICK HERE FOR KATHLEEN'S GOFUNDME

CLICK HERE TO DONATE TO ALBERTA CANCER FOUNDATION <<



WEDNESDAY JULY 5TH

JARRETT CAMPBELL W/ ZABRINA DOUGLAS, LISA BAKER & LEIF OLESON-

CORMACK @ THE GRINDSTONE THEATRE

9PM FINALS: STAND-UP STAND-OFF COMEDY COMPETITION

@ THE GRINDSTONE THEATRE

THURSDAY JULY 6TH

SCOTT THOMPSON AS BUDDY COLE W/ JARRETT CAMPBELL, KYLE PATAN & HENRY SIR @ HOWL & ROAR OUTDOOR STAGE

TWO GIRLS ONE TRENCH COAT W/ QUINN CONTINI, CHRIS BORGER HOSTED BY MATT NESS @ THE GRINDSTONE THEATRE

NIKKI PAYNE W/ LISA BAKER, AMBER HARPER-YOUNG & ZABRINA DOUGLAS

@ HOWL & ROAR OUTDOOR STAGE

THE MAGNET THEATRE NYC SHOW W/ THE DEBUTANTES
HOSTED BY WAYNE JONES @ THE GRINDSTONE THEATRE

10PM OPENING KARAOKE PARTY @ THE GRINDSTONE THEATRE



FRIDAY JULY 7TH

7PM NEEMA NAZ W/ NIKKI PAYNE, AUSTEN ALEXANDER & KYLE PATAN

@ HOWL & ROAR OUTDOOR STAGE

THE 11 O'CLOCK NUMBER W/ MARK LITTLE, FT. BYRON MARTIN, MHAIRI BERG, MALACHI

WILKINS & SIMON ABBOTT @ THE GRINDSTONE THEATRE

SCOTT THOMPSON AS BUDDY COLE W/ MARC-ANTHONY SINAGOGA, ZABRINA DOUGLAS & LEIF

OLESON-CORMACK @ HOWL & ROAR OUTDOOR STAGE

IMPROV SUPER TROUPES W/ TWO GIRLS ONE TRENCH COAT, MAGNET THEATRE NYC,

FT. BYRON MARTIN & DALLAS FRIESEN

HOSTED BY LEE BOYES @ THE GRINDSTONE THEATRE

ANDREW PACKER W/ HENRY SIR, STAND UP STAND OFF WINNER & NATASHA LYN MYLES

@ THE GRINDSTONE THEATRE

12AM DANCE PARTY @ THE GRINDSTONE THEATRE

SATURDAY JULY 8TH

7PM SCOTT THOMPSON AS BUDDY COLE W/ ANDREW PACKER, AMBER HARPER-YOUNG & ALEX

JOCKO @ HOWL & ROAR OUTDOOR STAGE

GIRL BRAIN W/ HAM HOSTED BY KATIE HUDSON @ THE GRINDSTONE THEATRE

9PM IMPROV VARIETY HOUR W/ NEEMA NAZ, MARC-ANTHONY SINAGOGA AND AUSTEN ALEXANDER

FT. ANDREW PACKER @ HOWL & ROAR OUTDOOR STAGE

THE 11 O'CLOCK NUMBER W/ KEN HALL FT. BYRON MARTIN, DALLAS FRIESEN, SARAH

DOWLING & CURTIS DEN OTTER @ THE GRINDSTONE THEATRE

SCHEDULE

SATURDAY JULY 8TH

11PM GRINDSTONE COMEDY FEST STAND UP SHOWCASE @ THE GRINDSTONE THEATRE

12 A AFTER PARTY @ THE GRINDSTONE THEATRE

SUNDAY JULY 9TH

DIRECTORS CUT FT. KEN HALL, MARK LITTLE, DONOVAN WORKUN, EVAN DOWLING, AIMEE

BEAUDOIN & ABBY VANDENBERGHE @ THE GRINDSTONE THEATRE

LISA BAKER W/ HENRY SIR, NATASHA LYN MYLES & KATHLEEN MCGEE

@ THE GRINDSTONE THEATRE

THANKS TO



FOR HELPING GET THIS YEAR'S FESTIVAL OFF THE GROUND



PURSUIT OF EXCELLENCE ELITE AWARD

5 CONSECUTIVE YEARS



LEXUS SOUTH POINTE

Experience Amazing

SITE MAP



LEGEND

- A HOWL N' ROAR OUTDOOR STAGE
- **B-DRINK SERVICE TENTS**
- C GRINDSTONE THEATRE
 [WASHROOMS AVAILABLE INSIDE]

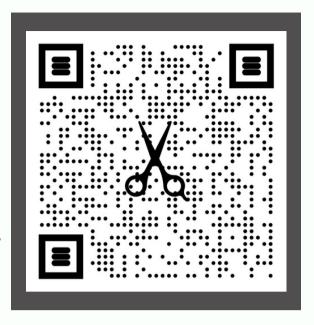
- D-FOOD TRUCK AREA
- E-FAMILY AREA/QUIET ZONE
- F NUMO VIBE ZONE

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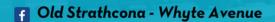


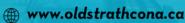
Proud to support festivals that shape the vibrant heart of Old Strathcona

Follow us for blogs, business highlights, murals, and events!

And subscribe to our newsletter online for up to date information about the district!









SCOTT THOMPSON FROM THE 'KIDS IN THE HALL' BRINGS HIS MOST FAMOUS CHARACTER, LOUNGE LIZARD 'BUDDY COLE', TO GRINDSTONE COMEDY FESTIVAL FOR A 3 NIGHT RUN OF HIS NEW SHOW 'KING'.

AN EVENING OF HILARIOUS AND SOMETIMES INCENDIARY MONOLOGUES NEVER BEFORE SEEN ON TELEVISION TO A SERIES OF BRAND NEW MONOLOGUES WRITTEN FOR THE RECENT REVIVAL THAT WERE DEEMED 'TOO HOT FOR AMAZON', THIS IS A SHOW YOU CAN'T MISS.

BUDDY IS BACK, FUNNIER, SILLIER AND YET SOMEHOW MORE DANGEROUS THAN EVER. JOIN HIM IN AN INTIMATE SETTING AS HE MIXES UP MARTINI'S AND DISHES OUT THE DIRT ON HIS FABULOUS GLOBE TROTTING LIFE ALL WHILE REFLECTING ON EVERYTHING FROM THE FRACTURED STATE OF THE LGBTQT+ COMMUNITY TO CONTROVERSIAL WAYS TO CURE CANCER TO THE PROPER WAY TO WOO A DESPOT. WARNING: IF YOU LIKE RIOTOUS BOUNDARY PUSHING COMEDY THIS IS DEFINITELY THE MOST FUN YOU WILL HAVE IN THE SECOND WEEK OF JULY.

NEEMA NAZ IS A CANADIAN STAND UP COMEDIAN, ACTOR AND CONTENT CREATOR. HE BEGAN PERFORMING IN TORONTO IN 2014 BEFORE TOURING NATION WIDE ON HIS INAUGURAL TOUR IN 2022 WHERE HE WELCOMED OVER 5,000 FANS. HE HAS WORKED SEVERAL COMEDY GREATS INCLUDING RUSSELL PETERS AN MAZ JOBRANI. HIS ONLINE PRESENCE HAS GARNERED HIM OVER 700 MILLION VIEWS AND HAS BEEN COSIGNED BY THE LIKES OF GARY VAYNERCHUK, DAVID GOGGINS, DIPLO, GORDON RAMSAY, KEVIN HART AND ANDREW SCHULZ. NEEMA IS CURRENTLY WORKING ON HIS NEW STAND UP SPECIAL IN ADDITION TO PRODUCING A LIVE SKETCH COMEDY SHOW. HIS CREDIT AS A LEAD ROLE IN THE FILM "HARBOUR HOUSE" IS

SET TO BE RELEASED IN LATE 2023.

"LOVE THAT GUY!"

- RUSSELL PETERS





NIKKI PAYNE IS NOT GOOD AT WRITING IN THIRD PERSON. HOWEVER, FOR THIS BIO SHE IS WILLING TO TRY.

YOU MIGHT REMEMBER HER FROM MUCH MUSIC'S "VIDEO ON TRIAL" OR NBC'S "LAST COMIC STANDING"

BEFORE SHE RAN INTO THE WILDS OF NEW BRUNSWICK TO LIVE WITH THE WOODLAND CRITTERS. AFTER

BEING BITTEN MULTIPLE TIMES AND COVERED IN TICKS SHE HAS RE-EMERGED. HER LOVE OF COMEDY

COULD NOT BE SUPPRESSED BUT MOSTLY, HER BATHROOM NEEDS A RENO. PAYNE'S MATERIAL IS FILLED

WITH PISS, VINEGAR AND BAD WORDS. SINCE YOU CAN'T SWING A DEAD CAT WITHOUT HITTING

SOMEONE'S PODCAST, CHECK OUT "RX WITH NIKKI AND MANDY" WHEREVER PODCASTS ARE HATCHED.

THIS HOLIDAY SEASON YOU CAN ALSO LOOK OUT FOR HER NEW CHRISTMAS ALBUM WHEREVER COMEDY

ALBUMS ARE HATCHED. CURRENTLY, YOU CAN FIND NIKKI PAYNE AT MOUNT ALLISON UNIVERSITY

PURSUING A BACHELOR OF FINE ARTS AT A SNAILS PACE.

NOW OPEN IN OLD STRATHCONA!

DOUGHNUT PARTY

Present this ad between July 5th to July 9th for a free donut + coffee to celebrate!



*One coupon per customer per visit.

Offer only redeemable at Old Strathcona location. 7906 B 104 St NW



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PROUD RENTAL SUPPLIER TO





BORN AND RAISED IN BRAMPTON, ZABRINA DOUGLAS IS A COMEDIAN THAT DRAWS FROM HER EXPERIENCE AS A NURSE, A MOTHER, AND THE DAUGHTER OF 2 JAMAICAN PARENTS. "SHE'S ONE OF THE MOST EXUBERANT AND CHEERFUL STAND-UPS WORKING IN THE CITY. SHE CAN TURN A WHOLE SHOW AROUND BY KICKING UP THE ENERGY IN THE ROOM." STEVE FISHER OF TORONTOIST.COM. ZABRINA HAS BEEN A REGULAR AND HEADLINED KENNY ROBINSON'S LEGENDARY "NUBIAN DISCIPLES ALL BLACK COMEDY REVUE". SHE CREATED AND PRODUCES HER CRITICALLY ACCLAIMED SHOW "THINGS BLACK GIRLS SAY". SHE HAS PERFORMED IN WELL KNOWN FESTIVALS LIKE JUST FOR LAUGHS TORONTO, THE TORONTO FRINGE FESTIVAL, SLO COMEDY FESTIVAL IN CALIFORNIA AND THE WOMEN'S COMEDY FESTIVAL IN BOSTON. HER WORK CAN BE SEEN ON TELETOONS, THE COMEDY NETWORK AND CBC. SHE HAS SHARED THE STAGE WITH WELL KNOWN COMEDIANS GILBERT GODFREY, COCOA BROWN AND LUENELL.

JARRETT CAMPBELL IS ONE OF THE FASTEST RISING TALENT IN CANADIAN COMEDY.
HIS WORK HAS BEEN FEATURED ON MTV, COMEDY NETWORK, CBC, SIRIUSXM AND HIS
DEBUT COMEDY ALBUM, 'STRAIGHT WHITE FAIL', WAS NOMINATED FOR COMEDY
ALBUM OF THE YEAR AT THE 2020 JUNOS. RECENTLY HE RECORDED HIS SECOND
TELEVISION SET ON THE JIM JEFFRIES GALA AT JUST FOR LAUGHS IN MONTREAL,
APPEARED ON JEFF ROSS'S ROAST BATTLE AT JFL, CAN CURRENTLY BE SEEN ON
SEASON ONE OF ROAST BATTLE CANADA ON CRAVETY, RECORDED A SET FOR CBC'S
NEW WAVE OF STANDUP AND WAS FEATURED AT THE WINNIPEG COMEDY FESTIVAL.
IN 2019, JARRETT WAS NOMINATED AS THE BREAKOUT ARTIST OF THE YEAR AT THE
CANADIAN COMEDY AWARDS AND AS A WRITER, HE HAS PREVIOUSLY BEEN
NOMINATED FOR BEST WRITING IN A COMEDY SERIES. FROM NEW YORK TO
VANCOUVER, JARRETT HAS BEEN ON STAGES ACROSS NORTH AMERICA AND TOURED
REGULARLY WITH YUK YUK'S. HE HAS OPENED FOR THE LIKES OF CHRIS D'ELIA, THEO
VON, ANDREW SCHULZ, MARK NORMAND, ANDREW SANTINO AND MANY MORE.





BORN AND RAISED IN ST. JOHN'S, NEWFOUNDLAND, LISA DEVELOPED A SHARP WIT AND SENSE OF HUMOR THAT NEWFOUNDLANDERS ARE KNOWN FOR. SINCE MOVING TO ALBERTA, LISA HAS APPEARED ON CBC'S LOL AND THE DEBATERS MULTIPLE TIMES, SHE HAS PERFORMED AT SEVERAL COMEDY FESTIVALS ACROSS CANADA INCLUDING JUST FOR LAUGHS NW AND THE WINNIPEG COMEDY FESTIVAL, AND HAS SELF-PRODUCED 3 NATIONAL TOURS. LISA IS CURRENTLY BURNING UP TIKTOK AND HAS RECORDED 2 ALBUMS, "TO COMPLETION" AND "SUPER NEWFIE", WHICH ARE FEATURED ON SIRIUSXM. SHE HAS ALSO JUST FILMED HER FIRST TV SERIES, THE CANOE PROJECT, AND WILL BACK IN SEASON 2 AS AN ACTOR AND A WRITER FOR THE SERIES.

ANDREW PACKER IS A CANADIAN STAND UP COMEDIAN KNOWN FOR HIS OBSERVATIONAL HUMOR & QUICK-WITTED CROWD WORK. YOU MAY RECOGNIZE ANDREW AS THE LEAD ANCHOR/CREATOR OF MAN NEWS (@ANDPACKER), THE MOST IMPORTANT NEWS NETWORK KNOWN TO MAN. THAT HAS GAINED OVER HALF A BILLION VIEWS WORLDWIDE.

ANDREW HAS TOURED IN OVER 15 COUNTRIES AND AMASSED OVER 3.3M FOLLOWERS ACROSS TIKTOK, INSTAGRAM AND YOUTUBE. HE HAS PERFORMED AT JFL TORONTO, JFL VANCOUVER AND THE WORLD FAMOUS EDINBURGH INTERNATIONAL FRINGE FESTIVAL. ANDREW WAS A FINALIST IN THE 40TH ANNUAL SEATTLE INTERNATIONAL COMEDY COMPETITION AND WINNER OF "BEST OVERALL PERFORMANCE" AT THE CLEVELAND COMEDY FESTIVAL.





MARC-ANTHONY SINAGOGA IS A STAND-UP COMEDIAN BORN AND RAISED IN RICHMOND HILL, ONTARIO. AUDIENCES GATHER TO SEE MARC-ANTHONY TELL HIS OUTLANDISH LIFE EXPERIENCES WITH BRILLIANT IMITATION, WIT AND LOVEABLE STAGE PRESENCE. HE RECREATES HIS LIFE EXPERIENCES AS AN OVERWEIGHT ITALIAN GOING AGAINST THE FAMILY GRAIN IN A MELTING POT SOCIETY. IN RECENT YEARS, MARC-ANTHONY TURNED TO SOCIAL MEDIA TO SHOWCASE HIS OFF- STAGE TALENTS. HE CREATED LOVEABLE AND VIRAL CHARACTERS THAT HAVE GARNISHED CULT FOLLOWINGS OVER ALL SOCIAL MEDIA PLATFORMS. MARC ANTHONY WON THE FUNNIEST CLIP OF THE WEEK ON SPORTSNET'S TIM & FRIENDS FOR HIS NONNA SKITS AND HAD AN ARTICLE WRITTEN BY BLOGTO FOR HIS DOUG FORD IMPERSONATION.

AUSTEN ALEXANDER IS AN ACTOR, WRITER, COMEDIAN, WHO HAS GONE VIRAL FOR HIS UNIQUE STYLE OF "IRL"SKETCH COMEDY; AMASSING OVER 100 MILION VIEWS ACROSS HIS SOCIAL PLATFORMS. HIS EFFORTS ONLINE HAVE BEEN A CATALYST TOWARDS THE GOAL OF CREATING HIS OWN NETWORK TV-SHOW.

YOU'LL SEE HIM ON THE BIG SCREEN SOON!





AMBER HARPER-YOUNG IS FROM SOUTHERN ONTARIO BUT NOW MAKES HER HOME IN VANCOUVER. SHE'S BEEN IN JUST FOR LAUGHS NORTH WEST/VANCOUVER. YOU CAN HEAR HER ON SIRIUS XM SATELLITE RADIO AND OR ON HER EP TITLED DRENCHED (AVAILABLE ON ALL STREAMING PLATFORMS) LOOK FOR HER TELEVISION DEBUT WITH THE CANADIAN COMEDY HALL OF FAME.

LISTEN FOR HER ABSURD STYLE OF SELF DEPRECATING HUMOUR ON THE LATEST
JUST FOR LAUGHS ORIGINALS BC VOL. 5

HENRY SIR IS AN ALL CANADIAN BASKETBALL PLAYER GONE COMEDIAN, ACTOR AND WRITER. HENRY WROTE AND STARRED IN THE CBC FEATURED COMEDY "TRIGGER". AS A STAND UP, HE HAS PERFORMED ALL OVER NORTH AMERICA FOR FESTIVALS AND CLUBS ALIKE, INCLUDING THE NEW YORK COMEDY FESTIVAL AND JUST FOR LAUGHS ORIGINALS. HENRY WAS NAMED A BREAKOUT ARTIST BY CAROLINE'S ON BROADWAY, PART OF THE HOLLYWOOD LAUGH FACTORY'S 2020 FRESH FACES, AND HIS FIRST ALBUM, CHALANT, WHICH DEBUTED AT #1 ON ITUNES, IS AVAILABLE ON ALL STREAMING SERVICES AND REGULARLY PLAYED ON JFL CANADA, RAW DOG RADIO AND LAUGH USA.

Comedy Central, The Comedy Cellar, Just For Laughs Originals, New York Comedy Festiva





KYLE PATAN IS A STAND-UP COMEDIAN BASED IN TORONTO BUT IS ORIGINALLY FROM KELOWNA, BC. HE HAS DONE JFL NW, JFL TORONTO THE TORONTO COMEDY FESTIVAL. HE ALSO APPEARED ON SHAW TV TWICE! IN TORONTO HE WAS NOMINATED AS "BREAK-OUT COMIC" DURING THE TORONTO I HEART JOKES AWARDS AND WAS A RUNNER-UP IN THE TORONTO SKETCH COMPETITION LAST YEAR. HE WAS ALSO APART OF LATE BAD DURING JFL TORONTO THAT WAS REVIEWED AS "ONE TOP MOMENTS OF THE FEST THAT MADE IT SPECIAL" BY INTERROBANG.

Stand Up Stand-Off Finalist 2022, Co-producer of The Underdog Comedy Show & The Stand Up S

ALEX ISN'T YOUR AVERAGE MOM-COMEDIAN, THOUGH SHE DOES JOKE ABOUT HER KID A LOT. CATCH ALEX TALKING ABOUT HER ROLE AS A WIFE AND MOTHER, AND ALL THE SERIOUS THINGS IN HER LIFE WITH ENDLESS OPTIMISM AND ENTHUSIASM.

FUN FACT: ALEX WAS NAMED YEG'S LEAST LIKELY COMEDIAN TO SLAP SOMEONE, SO YOU COULD SAY SHE'S PRETTY THREATENING.





BEFORE ENTERING THE WORLD OF STAND-UP COMEDY, LEIF OLESON-CORMACK WAS AN AWARD-WINNING JUILLIARD-TRAINED PLAYWRIGHT WHO DESIGNED VIDEO GAMES FOR A LIVING. SINCE THEM, HE'S BEEN PERFORMING HIS TIGHTLY WRITTEN, STORYTELLING-DRIVEN STYLE OF COMEDY FOR AUDIENCES ALL ACROSS NORTH AMERICA. HE WAS THE WINNER OF THE 2019 CALGARY FUNNYFEST COMEDY COMPETITION AND HAS BEEN FEATURED IN THE PARK SLOPE COMEDY FESTIVAL, THE EDMONTON FRINGE FESTIVAL, AND THE DISTRICT QUEER COMEDY FESTIVAL. HIS PLAY DEAD PEASANTS WAS THE WINNER OF 2012 SAMUEL FRENCH CANADIAN PLAYWRITING AWARD AND HE IS A TWO-TIME RECIPIENT OF THE LECOMTE DU NOUY PRIZE FROM LINCOLN CENTER.

NATASHA LYN MYLES IS AN EDMONTON-BASED STAND-UP COMEDIAN ORIGINALLY FROM THE MARITIMES. HER COMEDY FOCUSES ON STORIES FROM HER LIFE, OFTEN GARNERING LOTS OF LAUGHS SOMETIMES AT HER OWN EXPENSE. WHEN SHE ISN'T PERFORMING OR INDULGING IN REALITY TV, YOU CAN FIND HER SELLING NATURAL DEODORANT AT HER JOB AS A HEALTH AND BEAUTY MANAGER. THE LATTER PROVIDING AMPLE MATERIAL. SHE HAS PERFORMED THROUGHOUT CANADA AND HAS BEEN FEATURED AT JUST FOR LAUGHS NORTHWEST, THE GRINDSTONE COMEDY FESTIVAL IN EDMONTON AND CAN BE HEARD ON SIRIUSXM. BE SURE TO CHECK OUT HER HILARIOUS STORIES ON IG AT @NATASHALYNMYLES!





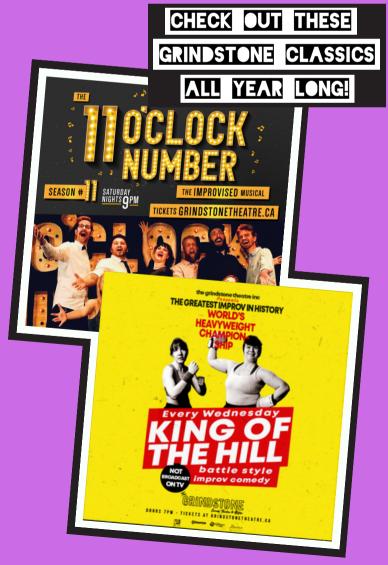
Civil Aviation Medicals, Commercial Driver Medicals, Workers Compensation Claims, RCMP, and Veterans Affairs.

DR. ALISTAIR WG WAUGH, MD, CCFP GRINDSTONE SUPPORTER SINCE 2017 • LAMEDICAL.CA





GRINDSTONE
Theatre School



IMPROV & SKETCH LINEUP



KEN HALL IS A CANADIAN COMEDY AWARD WINNER (BEST BREAKOUT ARTIST) AND MULTIPLE CCA AWARD NOMINEE, INCLUDING MOST RECENTLY, COMEDIC ARTIST OF THE YEAR. KEN PLAYS THE LOVABLE HERB AND PROVIDES MOTION CAPTURE AS THE BODY OF POGO IN NETFLIX'S THE UMBRELLA ACADEMY. KEN IS ALSO IS ONE-HALF OF THE CRITICALLY ACCLAIMED COMEDIC DUO 2-MAN NO-SHOW WITH HIS COMEDIC SOULMATE, ISAAC KESSLER, AND HAS HAD THE PLEASURE TO WORK FOR CIROUE DE SOLEIL.

KEN HAS APPEARED IN NUMEROUS FILM AND TELEVISION ROLES INCLUDING TWO SEASONS ON TBS'S HIT SERIES PEOPLE OF EARTH AND HAS APPEARED AS A GUEST ON CONAN AND MOST RECENTLY PERFORMED IN CANADIAN STAGE'S SHAKESPEARE ADAPTATION OF 'AS YOU LIKE IT' FOR IT'S DREAM IN HIGH PARK SERIES AS WELL AS PLAYING NO LESS THAN 15 CHARACTERS IN YOUNG PEOPLE'S THEATRE PRODUCTION OF 'SNOW WHITE'.

KEN TEACHES PUBLIC SPEAKING AT THE SECOND CITY, CLOWNPROV AT BAD DOG THEATRE,
IMPROV AT THE SOCIAL CAPITAL THEATRE AND CO-CREATED/INSTRUCTS A BRAND NEW
PHYSICAL THEATRE CURRICULUM CALLED BRUNCH AT SWEET ACTION THEATRE IN TORONTO.
KEN WAS RECENTLY AWARDED THE FRANK MCANULTY AWARD FOR FACULTY INSTRUCTOR OF
THE YEAR 2019 AT THE SECOND CITY

MARK LITTLE IS AN AWARD-WINNING ACTOR, WRITER AND COMEDIAN. HE HAS APPEARED ON JFL AND CONAN, CO-FOUNDED THE SKETCH COMEDY GROUP PICNICFACE AND WAS NAMED ONE OF VARIETY'S 10 COMICS TO WATCH FOR 2013. MARK HAS STARRED IN MULTIPLE TV SHOWS, INCLUDING MR. D AND CAVENDISH, AND HAS WON A COMBINED 15 CANADIAN COMEDY AWARDS. IN RECENT YEARS, MARK HAS WRITTEN AND PROVIDED VOICES FOR NUMEROUS ANIMATED SERIES, INCLUDING CLOUDY WITH A CHANCE OF MEATBALLS, CUPCAKE AND DINO AND DOOMLANDS. THE SECOND SEASON OF MARK'S ANIMATED SERIES GARY AND HIS DEMONS PREMIERED ON PRIME VIDEO EARLIER THIS YEAR.



IMPROV & SKETCH LINEUP



VETERAN NEW YORK IMPROVISERS MICHAEL LUTTON AND JUSTIN TORRES COMBINE THEIR YEARS OF EXPERIENCE TO FORM MEGAN PASTA: A DUO UNLIKE ANY YOU'VE SEEN BEFORE! WITH A STYLE THAT IS GROUNDED, PLAYFUL, AND ALWAYS SURPRISING, LUTTON AND TORRES CREATE TEXTURED WORLDS THAT ARE BOTH SURREAL AND HUMAN. BOTH MICHAEL AND JUSTIN PERFORM REGULARLY AT THE MAGNET THEATER IN NEW YORK CITY, THEIR HOME BASE. YOU CAN SEE THEM IN PREMIERE: THE IMPROVISED MUSICAL EVERY FRIDAY, AS WELL AS ON THE ROAD.

TWO GIRLS ONE TRENCH COAT IS A COMEDY DUO BASED IN TORONTO COMPRISED OF BRENNAN ASBRIDGE AND VICTORIA KUCHER. THEY ARE KNOWN FOR THEIR GROUNDED SCENE WORK WITH STRONG CHARACTERS AND ZANY IDEAS. THIS DUO FOCUSES ON LONG FORM IMPROV WITH QUICK EDITS, STYLIZED SCENE WORK AND EDGY CONTENT. THE TWO HAVE PERFORMED IN FESTIVALS AROUND NORTH AMERICA IN PITTSBURGH, DETROIT, CHICAGO, NEW YORK, MONTREAL, VANCOUVER, EDMONTON AND MORE! BRENNAN & VICTORIA HAVE A LONG-RUNNING MONTHLY DUO SHOW, "SEEING DOUBLE", HOSTED OUT OF COMEDY BAR BLOOR, AND HAVE PRODUCED OVER 3 SUCCESSFUL RUNS OF THE FORMAT "CLOSE QUARTERS" AT BAD DOG THEATRE. YOU CAN SEE THEM ON YOUR SCREEN IN THE DIGITAL SERIES "BRENNAN & VICTORIA MAKE RENT"



IMPROV & SKETCH LINEUP



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THE 11 O'CLOCK NUMBER IS AN AWARD WINNING IMPROVISED MUSICAL COMEDY FROM EDMONTON'S GRINDSTONE THEATRE. BASED ON SUGGESTIONS FROM THE AUDIENCE, THE TRIPLE THREAT CAST CREATES A COMPLETELY ORIGINAL STORY COMPLETE WITH SONGS AND SHOW-STOPPING NUMBERS THAT WILL LEAVE THE AUDIENCE IN STITCHES.

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UNCONTROLLABLY!"
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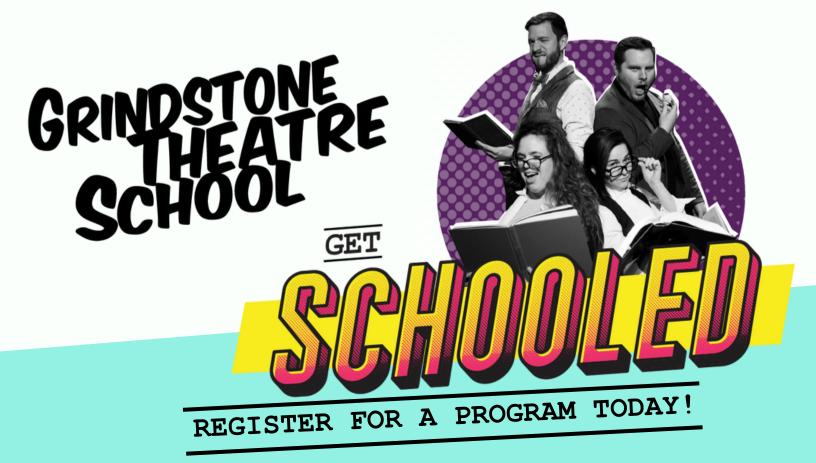
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